

# Apron Memories®



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## EllyAnne's Apron Memories® Newsletter | February 5, 2010

Hey! And welcome, February! I'm a big fan of February because it's the introduction to March, which is one month from April, and the beginning of daffodiles and all that is energizing and renewing.

From the stack of bedside reading, I note that I'm subscribing to more magazines than ever - as if my purchases can save the print industry from extinction. My newest acquisition is [COWGIRL](#), a description that can hardly be applied to me, but nonetheless a venture I decided to help out with a two year subscription because it included a gift subscription (which I gave my friend Terrie, who is a true c-girl). The content is unique to what most of us read and guaranteed to provide great chit chat at my next social outing.

I'm all for supporting the entrepreneur, especially in these risky times. Should you be of that ilk, do contact me, so I might highlight your effort to bring some life back into commerce. It'll be my pleasure to help promote you just a bit.

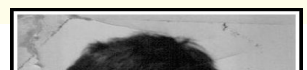


In selecting the tips provided by the Clever Hostess, I look through my collection of magazines, books and pamphlets. It's a time consuming process because I get so side tracked by the illustrations, poetry, recipes, advice, short stories, and advertisements! It's great fun, or I wouldn't bother. The current tip from the [Clever Hostess](#) is timeless.

So is this tip, recently constructed after a personal experience:

**Don't Assume Your Guests Will Enjoy Your Dog's Licks.**

Both tips would make lovely samplers.



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February 1st was the fiftieth anniversary of the Woolworth's lunch counter sit-in and the beginning of the civil rights movement. The year was 1960, and my girlfriends and I were weekly customers at that counter.

I've written about that time as a blog entry [here](#). I hope you'll consider the subject warrants a click.



My blog and this newsletter provide different writings and postings, like the current [vintage e-greeting card](#) on my website. A sweet valentine, it's free for the sending.

## Vintage Stylin'

DON'T spray perfume on your suits or coats. It may not combine well with the fabric, may spot it, may develop a stale odor that you will not like. DO what many smart women do who like clothes scented with a delicate fragrance - tuck tiny sachets in all the pockets, and renew them now and then. GOOD HOUSEKEEPING, October 1943

## Feeding the Soul

CONSOMEÉ ST. VALENTINE

WOMAN'S FAVORITE COOK BOOK BY Mrs. Gregory and Friends ©1902

One pound of lean beef, one pound of veal, may be cut into small pieces, and placed in a kettle where two tablespoons of butter have been allowed to brown. The meat should be then stirred into the butter until it is quite brown. Cover the kettle and simmer slowly a half-hour. Add one quart and a pink of water, and slowly simmer for three hours. Then add one onion, a stalk of celery and one carrot, and simmer half an hour longer. Stain and let it stand to cool. Then remove the fat, and it is ready for use.

When ready to serve, heat and put in each dish sippets of toast cut to resemble such letters of the alphabet as spell St. Valentine. Alphabetical crackers can be bought for this purpose if preferred.

This recipe is a hundred years old, when authenticity of food stuffs was a given. My taste buds are imagining this broth as very light and a lovely beginning to a special meal. I'm going to use a heart-shaped cookie cutter to replace the alphabet sippets (Sippet, according to my American Heritage Dictionary, is (n) A small piece of bread or toast soaked in gravy or other

liquid or used as a garnish. Now we're all in the know!).

## News from the Apron-Hood

I'm really excited about my visit next week to the General Mills Headquarters in Minneapolis, and not only because I get to wear My Mama's Mink for three days! I've begun working on a new exhibit that continues my fascination with domestic icons, of which Betty Crocker is one. I'll be meeting with the archivists, learning about Betty's history and seeing the trove of Betty memorabilia!

I'm also interviewing Betty Crocker Homemaker of Tomorrow winners, and if any local, state or national winner is reading this or you know a BCHT, please let me know.

There's an expression on the rodeo royalty circuit that when the winner of Miss Rodeo America is announced, there are only two happy women in the room: the new queen and her mother. And so it was for The Apron Lover's giveaway of one copy of [apronology](#) magazine. The [winner](#), who was thrilled to be notified of her lucky draw, and me - because I got to tell her the news.

I really disliked having to disappoint so many entrants, so I contacted my friend [Susan/notquitejuncleaver](#) to sponsor A Sweetie-Pie Giveaway, with a personalized copy of her new publication as the lucky winner's take away. Entry is easy - just click [here](#) to link to my blog entry and leave a comment. This giveaway ends late evening on Friday the 12th. Winner selected by a Random Human on Saturday, February 13th.

Alrighty!  
xxea

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